Following is a compilation of packing checklists that appear in *The Down and Dirty Guide to Camping with Kids* by Helen Olsson, copyright © 2012. Published by Roost Books, an imprint of Shambhala Publications. www.roostbooks.com

**PACKING CHECKLISTS**

HARDWARE

- Tent (with poles, stakes, and rainfly)
- Tarp (ground cloth)
- Extra plastic tarp
- Rope
- Vestibule mat
- Sleeping bags
- Sleeping pads
- Pillows
- Screen house

- Play tent
- Camp chairs
- Lantern and mantles
- Flashlights or headlamps
- Spare batteries
- Day packs
- Small mallet (for pounding tent stakes)
- Ax

LITTLE TYKES GEAR

- Front-loading baby carrier
- Baby backpack carrier
- Portable crib
- Kid-sized day pack
- Child’s reusable water bottle
- Portable potty or potty seat

- Portable high chair
- Child-sized folding camp chair
- Battery-powered night-light
- Child-sized or small adult sleeping pad
- Child-sized sleeping bag
### Camp Kitchen
- Camp kitchen
- Camp stove
- Fuel
- Pots
- Pans
- Skillet
- Grill rack
- Cutting board
- Sharp knife
- Measuring cup
- Measuring spoons
- Spatula
- Big spoon
- Long-handled tongs
- Strainer
- Plates
- Bowls
- Cups
- Insulated coffee cups
- Water bottles
- Utensils
- Marshmallow sticks
- Corkscrew
- Bottle opener
- Pot lifter
- Aluminum foil
- Small plastic bags
- Large plastic bags
- Plastic tablecloth
- Extra-large tablecloth clips or tablecloth weights
- Tupperware containers
- Matches, lighter, or fire stick
- Collapsible water container
- Water purifier (optional)
- Drink coozies
- Coolers

### Softwear
- Underwear
- Socks
- Base layer, top and bottom
- Fleece shirt
- Fleece pants
- Down jacket
- Zip-off travel pants
- Fleece or down vest
- Fleece hat
- Light gloves
- Rain or shell jacket
- Rain pants
- Shorts
T-shirts  □  Bathing suit  □  Sun hat  □  SPF clothing  □  Pajamas  □  Laundry bag

FOOTWEAR
Hiking boots or light hikers  □  Sneakers  □  Sandals with straps  □  Flip-flops  □  Water shoes  □  Camp booties

CAMPFIRE
Homemade or store-bought fire-starting tinder  □  Tinder collected at the campsite  □  Kindling  □  Larger sticks  □  Bundle of firewood  □  Matches, lighter, or fire starter  □  Paper or plastic plate

CAMP KITCHEN CLEANUP
Plastic washbasins  □  Sponge with scouring pad  □  Small scrubber brush  □  Old washcloths or tea towels  □  Biodegradable camp soap (e.g., Dr. Bronner’s)  □  Grocery-store plastic bags (for small amounts of garbage)  □  Tall kitchen garbage bags  □  Paper towels  □  Baby wipes  □  Clothesline and clothespins

STARGAZING
Binoculars  □  Small telescope  □  Star chart  □  Flashlight covered in red cellophane
- Mobile phone with stargazing app
- Reclining camp chair, sleeping pad, or blanket

**WILDLIFE WATCHING**
- Child-sized binoculars
- Field guides
- Camera with zoom lens
- Bug collection boxes
- Magnifying glass
- Butterfly net
- Nature journal
- Pen and pencil

**WATER-BASED ACTIVITIES**
- Fishing rods and tackle
- Bathing suits
- Goggles
- Water shoes
- Towels
- Personal flotation devices (PFDs)
- Water wings
- Dingy

**CAMPSITE PLAY**
- Frisbee
- Soccer ball
- Hacky Sack
- Soft football (like a Nerf)
- Baseball and mitts
- Lacrosse sticks and ball
- Little trucks with big tires
- Bubbles
- Sand toys
- Small dolls and action figures
- Favorite stuffed animal

**QUIET TIME**
- Playing cards
- Kid travel games
- Travel-sized board games
- Rope for knot tying
- Camping-themed books
- Flashlight for reading in the tent
- Coloring books or sheets, markers, and crayons
- Clipboard for leaning on while coloring
- Guitar
- Songbook
- Book of spooky stories

**Basic Camp Art**
- Inexpensive digital camera
- Pencils and sharpener
- Sketch pad, coloring sheets, loose paper
- Crayons and markers
- Watercolors and brushes
- Nature journal
- Glue, paper, scissors
- Chalk (for rubbings)

**Daily Hygiene**
- Antimicrobial hand sanitizer
- Baby wipes
- Moisturizing lotion
- Small tube of Aquaphor
- Travel-size deodorant
- Lip balm
- Toothpaste
- Toothbrush
- Dental floss
- Hairbrush
- Soap and shampoo
- Sanitary products
- Washcloth and towel
- Plastic washbasin
- Earplugs
- Needle and thread
- Contacts and glasses
- Prescription medication

**Backwoods Pottyin**
- Small poop shovel or garden trowel
- Toilet paper or baby wipes in a plastic bag
Diaper rash cream
for babies

Plastic bag for trash
Hand sanitizer

FIRST AID

Adhesive bandages (e.g., Band-Aids)
Butterfly closures
ACE bandage
Hurt-free antiseptic wash
Small and large gauze pads
Antibiotic ointment (e.g., Bacitracin)
Zinc oxide (for sun protection and diaper rash)
Thermometer
Ibuprofen (e.g., Motrin or Advil; children’s and adult)
Acetaminophen (e.g., Tylenol; children’s and adult)
Antihistamine (e.g., Benadryl; children’s and adult)
Nail scissors

Medical tape
Safety pins
Insect repellent
Anti-itch remedy
1 percent hydrocortisone cream
Sunscreen
Hand sanitizer
Antacid tablets
Cough drops
Lubricating eyedrops
Instant cold pack
Safety whistle
Emergency blanket
Duct tape
Moleskin for blisters
Fine-pointed tweezers

BACKCOUNTRY TRAVEL ESSENTIALS

Food
Water
First-aid kit
Matches and emergency tinder

Emergency blanket or large trash bag
Map and compass
Safety whistle
☐ Headlamp or flashlight
☐ Extra layers
☐ Rain gear

☐ Pocketknife
☐ Sunglasses and sunscreen